

#### **NHCC News**

#### The National Health Command Center (NHCC) announces:

As of today all inbound passengers are required to fill in the "COVID-19 Health Declaration Card".

- 1. Passengers of flights from China, Hong Kong, and Macau are required to fill in the "COVID-19 Health Declaration and Home Quarantine Notice" and comply with the 14-day home quarantine after entry to Taiwan.
- 2. Passengers of flights from other regions are required to fill in the "COVID-19 Health Declaration Card" and give exact information on travel history (including travels to China, Hong Kong, and Macau) and health condition within 14 days before arriving in Taiwan. Giving untrue information or refusal, avoidance, or obstruction of cooperation will face a maximum fine up to NT\$150,000.



### What is

home isolation

home quarantine

#### self-health management

item	Objects	Provision	Penalties
Self health managem ent	<ul> <li>Application for admission to Hong         Kong and Macau     </li> <li>Report the case but the test is         negative or quarantined     </li> </ul>	<ul> <li>Avoid going out within 14 days. If you need to go out, you must wear a surgical mask.</li> <li>Implement respiratory hygiene and cough etiquette.</li> <li>Take your body temperature every morning and evening.</li> <li>If discomfort occurs, call 1922 for medical advice.</li> </ul>	no
Home quarantine	Those with travel history of China,Hong Kong and Macao (including transit)	<ul> <li>You must stay at home or at a designated place within 14 days. You must not go out or go abroad. You must not take public transportation.</li> <li>Take your body temperature every morning and evening.</li> <li>You should not seek medical treatment on your own if you have suspected symptoms. You must arrange for a medical consultation by a health unit.</li> </ul>	Fine 100,000 ~ 1 million
Home isolation	Confirmed case contact	<ul> <li>You must stay at home or at a designated place within 14 days. You must not go out or go abroad. You must not take public transportation.</li> <li>Take your body temperature every morning and evening.</li> <li>You should not seek medical treatment on your own if you have suspected symptoms. You must arrange for a medical consultation by a health unit.</li> </ul>	Fine 200,000 ~ 1 million

#### To prevent the New Corona Virus 2019 Pneumonia originated in China

In order to prevent the New Corona Virus 2019 Pneumonia originated in China, we advise all migrant workers especially to all caretakers to accompany their ward to go to hospital, wear own mask all the time, and change mask everyday.

If going out to crowded or poorly ventilated places:



Please wear mask when coughing



Please use soap to wash hands frequently



Avoid going to traditional market or hospital and any public places.



Avoid contact with wild animals and birds

Upon returning back to Taiwan, if you have a fever, cough, or other discomfort, employers are requested to assist migrant workers to notify the airport quarantine personnel; If you have any suspicious symptoms within 14 days upon entering the country, you can call the toll-free Disease Prevention Line 1922 or MOL1955 hotline to assist in reporting.

#### Maintain proper indoor ventilation



#### Wash hands with soap

- Before eating
- After going to the toilet
- Before and after seeing a doctor



## Maintain good hygiene and good habit, work happily and live healthily

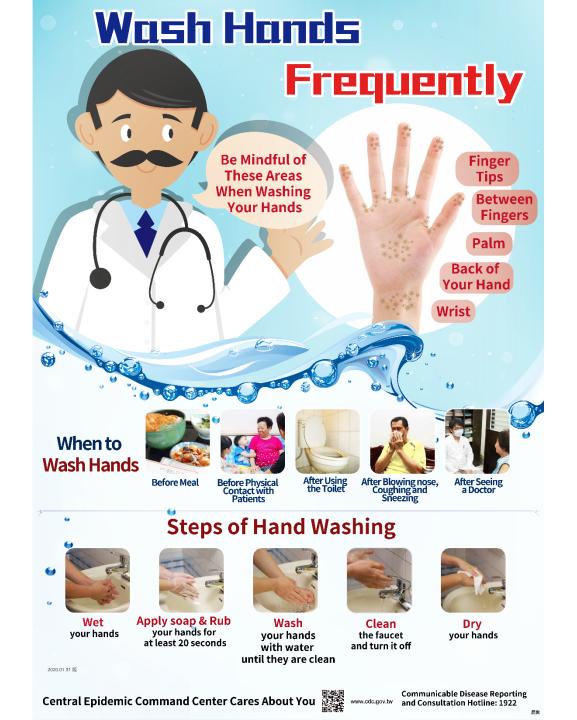
#### Fulfill respiratory tract hygiene

 Cover mouth and nose when cough or sneeze











中央流行疫情指揮中心 關心您



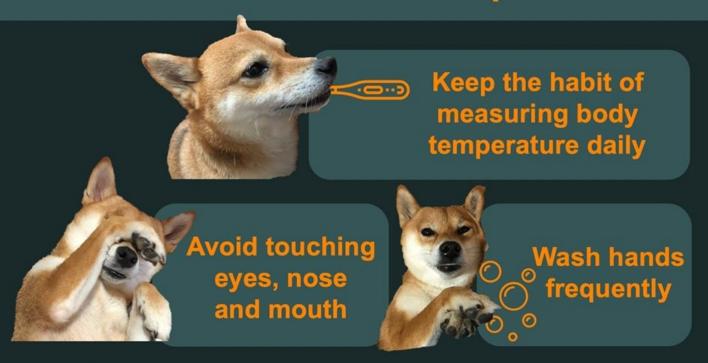
#### 居家檢疫注意事項 Notice of home quarantine

- 如您是在家居家檢疫,應儘量與家 人分開居住,您的共同生活者須與 您一同採取適當防護措施(佩戴外 科口罩與良好衛生習慣),並儘可 能保持1公尺以上距離。
- 請維持手部衛生,用肥皂勤洗手。
- 如您有發燒、咳嗽等症狀或其他任何身體不適,請您佩戴外科口罩, 主動與衛生局聯繫,或撥1922、 1955專線,依指示儘速就醫,且 禁止搭乘大眾運輸工具就醫。
- If you stay at home for quarantine, please avoid close contact with the people living with you and keep away from them at a distance of at least 1 meter.
- Please keep your hands clean.
- If you develop symptoms such as fever, cough or discomfort, please put on a surgical mask, contact with the local health authorities or call the toll-free hotline 1922 or 1955 to obtain instructions on seeking medical attention. Please avoid taking public transportation when you go to the hospital.



#### **Protect Yourself and Others**

How can I assist in disease prevention?





If you have symptoms like fever, coughing and shortness of breath, remember to stay home and rest after visiting the doctor; do not go to public places. Also, remember to properly dispose your used tissue papers and oral/nasal secretions!



**Good Shiba** 

Just going out for a bit...



(under household isolation/quarantine)

Where are you going!?
Aren't you under household isolation/quarantines now!?

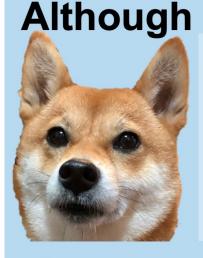


Stay home to protect yourself and others

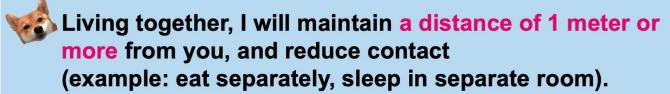
Violation of Regulations on
Household Quarantine
Subject to a penalty fine of NT 1,000,000 maximum

Violation of Regulations on
Household Isolation
Subject to a penalty fine of NT 1,000,000 maximum

英文版



# I want to see you, you are currently under household isolation/ quarantine





Living together, I will wash my hands with soap regularly, and wash my hands before touching my eyes/mouth/nose.

If I am feeling discomforts, I will immediately notify the contact person listed on the household isolation/quarantine report form, the local health bureau, or call the 1922 hotline and seek medical attention as instructed.