



NHCC News

The National Health Command Center (NHCC) announces :

As of today all inbound passengers are required to fill in the “COVID-19 Health Declaration Card”.

1. Passengers of flights from China, Hong Kong, and Macau are required to fill in the “COVID-19 Health Declaration and Home Quarantine Notice” and comply with the 14-day home quarantine after entry to Taiwan.
2. Passengers of flights from other regions are required to fill in the “COVID-19 Health Declaration Card” and give exact information on travel history (including travels to China, Hong Kong, and Macau) and health condition within 14 days before arriving in Taiwan. Giving untrue information or refusal, avoidance, or obstruction of cooperation will face a maximum fine up to NT\$150,000.

Epidemic
prevention
notes

What is

home isolation

home quarantine

self-health management

item	Objects	Provision	Penalties
Self health management	<ul style="list-style-type: none"> ➤ Application for admission to Hong Kong and Macau ➤ Report the case but the test is negative or quarantined 	<ul style="list-style-type: none"> ➤ Avoid going out within 14 days. If you need to go out, you must wear a surgical mask. ➤ Implement respiratory hygiene and cough etiquette. ➤ Take your body temperature every morning and evening. ➤ If discomfort occurs, call 1922 for medical advice. 	no
Home quarantine	Those with travel history of China, Hong Kong and Macao (including transit)	<ul style="list-style-type: none"> ➤ You must stay at home or at a designated place within 14 days. You must not go out or go abroad. You must not take public transportation. ➤ Take your body temperature every morning and evening. ➤ You should not seek medical treatment on your own if you have suspected symptoms. You must arrange for a medical consultation by a health unit. 	Fine 100,000 ~ 1 million
Home isolation	Confirmed case contact	<ul style="list-style-type: none"> ➤ You must stay at home or at a designated place within 14 days. You must not go out or go abroad. You must not take public transportation. ➤ Take your body temperature every morning and evening. ➤ You should not seek medical treatment on your own if you have suspected symptoms. You must arrange for a medical consultation by a health unit. 	Fine 200,000 ~ 1 million

To prevent the New Corona Virus 2019 Pneumonia originated in China

In order to prevent the New Corona Virus 2019 Pneumonia originated in China, we advise all migrant workers especially to all caretakers to accompany their ward to go to hospital, wear own mask all the time, and change mask everyday.

If going out to crowded or poorly ventilated places:



Please wear mask
when coughing



Please use soap to wash
hands frequently



Avoid going to
traditional market or
hospital and any
public places.



Avoid contact with
wild animals and
birds

Upon returning back to Taiwan, if you have a fever, cough, or other discomfort, employers are requested to assist migrant workers to notify the airport quarantine personnel; If you have any suspicious symptoms within 14 days upon entering the country, you can call the toll-free Disease Prevention Line 1922 or MOL1955 hotline to assist in reporting.

Maintain proper indoor ventilation



Wash hands with soap

- Before eating
- After going to the toilet
- Before and after seeing a doctor



Maintain good hygiene and good habit, work happily and live healthily

Fulfill respiratory tract hygiene

- Cover mouth and nose when cough or sneeze



Stay home when you are sick



英文
衛生福利部疾病管制署 廣
TAIWAN CDC 告

Wash Hands

Frequently



When to Wash Hands



Before Meal



Before Physical Contact with Patients



After Using the Toilet



After Blowing nose, Coughing and Sneezing



After Seeing a Doctor

Steps of Hand Washing



Wet your hands



Apply soap & Rub your hands for at least 20 seconds



Wash your hands with water until they are clean



Clean the faucet and turn it off



Dry your hands

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Central Epidemic Command Center Cares About You



www.cdc.gov.tw

Communicable Disease Reporting and Consultation Hotline: 1922

廣告

Ang Paghuhugas Ng Kamay Ay Kailangan



Ang Tamang Oras Ng Paghuhugas Ng Kamay



Bago Kumain



Bago At Pagkatapos Humawak Sa Pasyente



Pagkatapos Gumamit Ng Banyo



Pagkatapos Suminga, Umupo At Bumahing



Pagkatapos Komunsulta Sa Doktor ...At Iba Pa

Tamang Paraan Ng Paghuhugas Ng Kamay



BASAIN

Basain Ang Kamay Ng Tubig



KUSKUSIN

Lagyan Ng Sabon Ang Palad Likod Ng Kamay Mga Daliri At Kuskusin Ng 20 Segundo



BANLAWAN

Banlawan Ang Dalawang Kamay Ng Tubig Mabuti



SALUKIN

Salukin Ng Kamay Ang Tubig Para Mabanlawan Ang Gripo



PUNASAN

Gumamit Ng Pantuyo Sa Kamay O Tuyong Papel Sa Kamay Para Pampunas

居家檢疫注意事項

Notice of home quarantine

- 如您是在家居家檢疫，應儘量與家人分開居住，您的共同生活者須與您一同採取適當防護措施（佩戴外科口罩與良好衛生習慣），並儘可能保持1公尺以上距離。
- 請維持手部衛生，用肥皂勤洗手。
- 如您有發燒、咳嗽等症狀或其他任何身體不適，請您佩戴外科口罩，主動與衛生局聯繫，或撥1922、1955專線，依指示儘速就醫，且禁止搭乘大眾運輸工具就醫。
- If you stay at home for quarantine, please avoid close contact with the people living with you and keep away from them at a distance of at least 1 meter.
- Please keep your hands clean.
- If you develop symptoms such as fever, cough or discomfort, please put on a surgical mask, contact with the local health authorities or call the toll-free hotline 1922 or 1955 to obtain instructions on seeking medical attention. Please avoid taking public transportation when you go to the hospital.



Protect Yourself and Others

How can I assist in disease prevention?



**Keep the habit of
measuring body
temperature daily**



**Avoid touching
eyes, nose
and mouth**



**Wash hands
frequently**



If you have symptoms like fever, coughing and shortness of breath, remember to stay home and rest after visiting the doctor; do not go to public places. Also, remember to properly dispose your used tissue papers and oral/nasal secretions!





衛生福利部
Ministry of Health and Welfare

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Just going out
for a bit...

Bad Shiba



(under household
isolation/quarantine)

Good Shiba



Where are you going!?
Aren't you under household
isolation/quarantines now!?



Stay home to protect
yourself and others



Violation of Regulations on
Household Quarantine

Subject to a penalty fine of **NT 1,000,000** maximum



Violation of Regulations on
Household Isolation

Subject to a penalty fine of **NT 1,000,000** maximum



**I want to see you,
you are currently under
household isolation/
quarantine**



Living together, I will maintain **a distance of 1 meter or more** from you, and reduce contact (example: eat separately, sleep in separate room).



Living together, I will **wear masks as much as possible.**



Living together, I will **wash my hands with soap regularly**, and wash my hands before touching my eyes/mouth/nose.



If I am **feeling discomforts**, I will **immediately notify** the contact person listed on the household isolation/quarantine report form, the local health bureau, or call the 1922 hotline and **seek medical attention as instructed.**